

To: City Council
From: Matt Muckler, City Administrator
Date: September 29, 2014 Weekly Council Update

Information on Park Ballot Initiatives: Two open house events will be held in October, on the 8th and 21st at 7:00 p.m. in the Council Chambers, to provide residents with the opportunity to learn more about the plans for city park development. The two ballot initiatives that will be held on November 4th will be discussed as well as the proposed phasing timeline and plans for funding each phase, stormwater management, and more. Brochures are also being developed and will be distributed throughout the community.

Prescription Drug Disposal Event: The West Branch Police Department, in cooperation with the Drug Enforcement Administration, hosted a drug disposal event on Saturday, September 27th from 10:00 a.m. to 2:00 p.m. at City Offices. This year's event was coordinated by Reserve Officer Lynn Lovetinsky and over forty pounds of unused drugs were collected.

Iowa League Annual Conference: Mayor Mark Worrell, City Administrator Matt Muckler, Library Director Nick Shimmin and Deputy City Clerk Dawn Brandt all attended the Iowa League of Cities Annual Conference last week in Council Bluffs. Training was received on a variety of topics including economic development, wellness programs, strategies to deal with aging infrastructure, marketing your city to visitors, downtown revitalization and many more.

City-Wide Clean Up: The Fall City-Wide Clean Up will be on Saturday, October 4th 2014. The Clean Up will be from 7:00-10:00 a.m. at the Water Street Parking Lot, across from the Fire Station. Residents are asked to enter the lot from Second Street, drop their items and exit onto Parkside Drive. Representatives from the City's solid waste provider, Johnson County Refuse, will be on hand to accept trash items. Please, no paint, hazardous materials or construction debris. Appliances will be accepted for a fee of \$10 each. For more information, please contact the City Office at (319) 643-5888.

Park & Rec News: Please see the attached newsletter from Park & Rec for upcoming events and programs.

The information provided is one-way communication and should not be discussed among you as this would be a violation of the open meeting law.

September 24th,

West Branch City Office
319.643.5888

Park and Rec. Office
319.930.0393

Public Library
319.643-2633

West Branch Parks and Recreation

TOUGH MOTHER FITNESS STARTS OCTOBER 20TH!

Trainers Shawn Pierce, Jodi Yeggy, and Deb Fiderlein will focus is on muscular strength and endurance with some high intensity interval training.

Time: Mondays and Thursdays 6:00pm-7:00pm Wednesdays 7:00pm

Dates: October 20th-December 12th

Location: West Branch Town Hall @ 201 East Main Street

Register online at

<http://www.westbranchiowa.org/departments/programs>

Recreation's purpose is not to kill time, but to make life, not to keep a person occupied, but to keep them refreshed; not to offer an escape from life, but to provide a discovery of life. Author Unknown

PILATES WITH ANGELA STARTS OCTOBER 2ND!

Pilates is a body conditioning routine that helps build flexibility and long, lean muscles, strength and endurance in the legs, abdominals, arms, hips, and back. Pilates' flexible system allows for different exercises to be modified in range of difficulty from beginning to advanced. It enhances core strength and brings increased reach, flexibility, sure-footedness, and agility.

Time: Thursdays 7:30pm-8:30pm

Date: October 2nd, 2014– January 8th, 2015

Location: West Branch Town Hall @ 201 East Main Street

Payment: 6 Week Session \$40 12 Week Session \$75 Checks are made to Angela Herren the first day of class

Register online at

<http://www.westbranchiowa.org/departments/programs>

YOGA AND STRENGTH TRAINING WITH MICHELE ENGLAND STARTS OCTOBER 6TH!

Yoga can be as much or as little as you want it to be. For some it is purely a physical pursuit, keeping the body toned, strong and flexible. For others, yoga becomes more of a mindset and a way of living. Whatever your reason for practicing, or your level of experience – we welcome you!

Time: Strength Training Mondays 8:30am-9:20am

Yoga: Mondays 9:30am-10:30am and/or Tuesdays 6:00pm-7:00pm

Location: West Branch Town Hall @ 201 East Main Street

Payment: 6 week session \$ 40 or all classes (Strength Training, Monday and Tuesday Yoga) \$115. Payment is made to the City of West Branch.

Register online at

<http://www.westbranchiowa.org/departments/programs>

INDOOR WALKING STARTS NOVEMBER 5TH!

Take your walking or walking indoors this winter. All ages of walkers and runners welcome. Please bring clean shoes when you walk.

Time: 6:00pm-7:00 pm

Location: Hoover Gym

Dates: Wednesdays November 5th-March 14th. No walking on November 26th, December 24th, or December 31st.

This is a drop in activity.

No registration required.



PRESCHOOL-2ND GRADE BASKETBALL

REGISTRATION DEADLINE OCTOBER 23RD

VOLUNTEER COACHES ARE NEEDED!

Time: 9:00pm Preschool(must be at least 4) -K division
10:00am 1st-2nd grade division

Dates: November 1st, November 8th, November 15th and
November 22nd.

Location: Hoover Gym

Fee: \$20 if you already have a Park and Recreation
jersey or \$35 if you do not have a jersey.

Questions? Please contact Melissa Russell at
Melissa@westbranchiowa.org.

Register online at

**[http://www.westbranchiowa.org/departments/
programs](http://www.westbranchiowa.org/departments/programs)**

CITY WIDE FALL CLEANUP

SATURDAY OCTOBER 4TH

7:00AM-10:00AM

- The Fall City Wide Clean Up will be Saturday, October 4th from 7:00-10:00am at the Water Street Parking Lot, across from the Fire Station.
- Residents are encouraged to bring unwanted items.
- There is a \$10.00 charge for household appliances.
- Items not accepted include: business bringing items, commercial appliances, construction debris, household garbage, large metal items., paint or toxic waste, tires and yard waste.
- For specific questions regarding the clean-up, please contact Johnson County Refuse at 1-877-423-8977.

You can learn more about a man in an hour of play than in a lifetime of conversation." Plato

VINO VAN GOGH

SATURDAY OCTOBER 18TH

4:00PM AT TOWN HALL

- ◇ Main Street West Branch, West Branch Parks and Recreation and West Branch Public Library are partnering to bring a Vino van Gogh event to West Branch.
- ◇ Using the Vino van Gogh techniques for instruction, instructors make it simple for even someone with no background in art to create their own work-of-art in just one setting.
- ◇ All participants are instructed on the same painting however no two paintings are alike.
- ◇ There is a \$30 registration fee payable to the City of West Branch at least 3 days prior to the event.
- ◇ Participants must be 21 or older to participate.

STRATEGIC PARK PLAN

INFORMATIONAL NIGHT

OCTOBER 8TH AND OCTOBER 21ST

7:00PM

WEST BRANCH COUNCIL CHAMBERS

- ◇ Do you have questions about the upcoming park projects? What is the timeline for the 4 phases? What is included in each phase? What is the storm water management plan? How are the phases funded?
- ◇ If you have any questions regarding the upcoming Park Plans for Beranek, Wapsi Creek Park, Lions Field or the new complex located in the Pedersen Development please consider attending one (or both) of the informational nights.

Please contact Park and Recreation Director Melissa Russell @ 319-930-0393 for further information.